

NUTRITION EDUCATION PROGRAM



Food Access Resources in 01610

COMMUNITY REFRIGERATOR

Anyone is welcome to take the food items they need donated by local farms, restaurants, and community members.

Fantastic Pizza (in front of restaurant)
910 Main Street

FARMERS' AND MOBILE MARKETS

Mobile Markets (seasonal) within 3 miles
Phone: 508-799-9139
www.recworchester.org/market-schedule

Family Health Center
26 Queen Street, Worcester
Wednesdays
10:00 to 11:30 am

Vida Nueva-REC Mobile Market
8-16 Piedmont Street, Worcester 01610
Phone: 508-799-9139, Seasonal. Call for dates of operation. Pre-ordered and pre-packaged HIP share on Wednesdays. Payment processed upon pickup. Customers can pay with SNAP or HIP.
www.recworchester.org/hiptogo

FOOD PANTRIES

Food pantries in zip code 01610. Please call for food pantry hours.

Boys & Girls Club Food Pantry
65 Boys & Girls Club Way
Phone: 508-754-2686

Catholic Charities Food Pantry
10 Hammond Street
Phone: 508-798-0191

Good Samaritan Food Pantry
39 Piedmont Street
Phone: 774-253-1619

St Antony's Food Pantry
596 Cambridge Street
Phone: 508-753-2555

St Peters Church Food Pantry
929 Main Street
Phone: 508-752-4674

Free Hot Meal Delivery for COVID-19 Positive Families

This program provides meals to families for up to one week who have at least one COVID-19 positive household member. Call the Family Resource Center at 508-796-1411 or email wfrc@youinc.org.

SCHOOL MEALS

Grab & Go Meals – Breakfast and Lunch
All children and teens up to age 22 years enrolled in high school and/or English Language Learner Programs.

STATEWIDE RESOURCES

Project Bread

For additional information on nutrition resources, including SNAP, P-EBT, free meals for children and teenagers, and meal delivery for seniors, call the Food Source Hotline at 800-645-8333 or visit www.projectbread.org.

Healthy Incentive Program (HIP)

HIP provides SNAP participants extra money to spend at participating farmers' markets, farmstands, and Community Supported Agriculture programs (CSAs) to purchase fresh fruits and vegetables.

P-EBT Benefits

All children who are eligible for free or reduced-price meals also receive P-EBT benefits. Contact your local school districts about eligibility and meal sites. Call the DTA Assistance Line at 877-382-2363 or visit MAp-EBT.org.

Food Access Resources in 01610

Worcester Public Schools (01610)

Monday–Thursday

3:00 to 6:00 pm

Friday

10:00 am to 1:00 pm includes weekend meals

Jacob Hiatt Magnet Elementary School

772 Main Street

Woodland/Claremont Academy

93 Woodland Street

Worcester Public Schools Food Truck

Monday–Friday

NE Ghanaian SDA Church Parking lot

67 Vernon Street - 10:15 am

Main YMCA

766 Main Street - 11:30 am

Friendly House Grab & Go Meals (01610) Food Truck

Castle Park

965 Main Street

1:30 to 1:45 pm

Main South Club

65 Tainter Street

12:00 pm

University Park

965 Main Street

12:00 to 12:30 pm

SENIOR MEALS

Meals on Wheels

Contact Elder Services of Worcester Area's Information & Referral Department

Phone: 508-756-1545

SNAP

SNAP outreach partners assist with SNAP applications over the phone. Available to elders, families, and children in need.

Catholic Charities of the Diocese of Worcester, Inc.

10 Hammond Street

Monday–Friday

8:00 am to 5:00 pm

Phone: 508-798-0191

Pernet Family Health Services

237 Millbury Street

Monday–Friday

9:00 am to 5:00 pm

Phone: 508-755-1228

Worcester County Food Bank

Tuesday–Friday

8:00 am to 1:00 pm

Phone: 508-842-3663 ext. 221

WOMEN, INFANTS, AND CHILDREN (WIC)

Family Health Center of Worcester WIC

199 Chandler Street

Monday–Friday, 8:30 am to 5:00 pm

1st Saturday of the month

9:00 am to 1:00 pm

Phone: 508-796-7000

Staff are taking calls remotely.

Statewide Resources



Supplemental Nutrition Assistance Program (SNAP)

Department of Transitional Assistance

The Department of Transitional Assistance (DTA) administers SNAP benefits. SNAP provides a monthly benefit to buy nutritious foods. To get SNAP, you must be of low-income and be a U.S. citizen or legal noncitizen (restrictions apply).

50 Southwest Cutoff

8:15 am to 4:45 pm

Phone: 877-382-2363 or 508-767-3100

<https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>

Massachusetts DTA is here to help. From this website you can apply for SNAP, TAFDC and EAEDC benefits.

www.dtaconnect.eohh.mass.gov

Women, Infants, and Children (WIC) Nutrition Program

A free nutrition program that provides healthy foods, nutrition education, breastfeeding support, referrals to healthcare, and other services to Massachusetts families who qualify.

Phone: 800-942-1007

www.mass.gov/how-to/apply-for-the-women-infants-children-wic-nutrition-program

