

NUTRITION EDUCATION PROGRAM



Food Access Resources in 01609

FARMERS' AND MOBILE MARKETS

Mobile Markets (seasonal) within 3 miles
Phone: 508-799-9139
www.recworchester.org/market-schedule

Elm Park Towers

425 Pleasant Street
Wednesdays
12:30 to 1:30 pm

Vida Nueva-REC Mobile Market

8-16 Piedmont Street, Worcester 01610
Phone: 508-799-9139, Seasonal. Call for dates of operation. Pre-ordered and pre-packaged HIP share on Wednesdays. Payment processed upon pickup. Customers can pay with SNAP or HIP.
www.recworchester.org/hiptogo

FOOD PANTRIES

Food pantries in zip code 01609. Please call for food pantry hours.

John Street Baptist Church Food Pantry

43 John Street
Phone: 508-753-4991

Orthodox Food Pantry

102 Russell Street
Phone: 508-841-5287

St. Oscar Romero Food Pantry

19 Chatham Street
Phone: 508-799-4193 ext. 11

Free Hot Meal Delivery for COVID-19 Positive Families

This program provides meals to families for up to one week who have at least one COVID-19 positive household member. Call the Family Resource Center at 508-796-1411 or email wfrcc@youinc.org.

MEAL SITES

Mustard Seed

93 Piedmont Street
Phone: 508-754-7098
Please call for meal service availability.

SCHOOL MEALS

Grab & Go Meals-Breakfast and Lunch

All children and teens up to age 22 years enrolled in high school and/or English Language Learner Programs.

Worcester Public Schools (01609)

Monday-Thursday
3:00 to 6:00 pm
Friday
10:00 am to 1:00 pm includes weekend meals

Chandler Street School

114 Chandler Street

Elm park Community School

23 North Ashland Street

STATEWIDE RESOURCES

Project Bread

For additional information on nutrition resources, including SNAP, P-EBT, free meals for children and teenagers, and meal delivery for seniors, call the Food Source Hotline at 800-645-8333 or visit www.projectbread.org.

Healthy Incentive Program (HIP)

HIP provides SNAP participants extra money to spend at participating farmers' markets, farmstands, and Community Supported Agriculture programs (CSAs) to purchase fresh fruits and vegetables.

P-EBT Benefits

All children who are eligible for free or reduced-price meals also receive P-EBT benefits. Contact your local school districts about eligibility and meal sites. Call the DTA Assistance Line at 877-382-2363 or visit MAP-EBT.org.

Food Access Resources in 01609

Friendly House Grab & Go Meals (01609) Food Truck

Whittier Terrace
86 Austin Street
12:00 pm

SENIOR MEALS

Meals on Wheels

Contact Elder Services of Worcester Area's
Information & Referral Department
Phone: 508-756-1545

SNAP

SNAP outreach partners assist with SNAP
applications over the phone. Available to
elders, families, and children in need.

Catholic Charities of the Diocese of Worcester, Inc.

10 Hammond Street
Monday–Friday
8:00 am to 5:00 pm
Phone: 508-798-0191

Pernet Family Health Services

237 Millbury Street
Monday - Friday
9:00 am to 5:00 pm
Phone: 508-755-1228

Worcester County Food Bank

Tuesday–Friday
8:00 am to 1:00 pm
Phone: 508-842-3663 ext. 221

WOMEN, INFANTS, AND CHILDREN (WIC)

Family Health Center of Worcester WIC

199 Chandler Street
Monday–Friday
8:30 am to 5:00 pm
1st Saturday of the month
9:00 am to 1:00 pm
Phone: 508-796-7000
Staff are taking calls remotely.

Statewide Resources



Supplemental Nutrition Assistance Program (SNAP)

Department of Transitional Assistance
The Department of Transitional Assistance (DTA) administers SNAP benefits. SNAP provides a monthly benefit to buy nutritious foods. To get SNAP, you must be of low-income and be a U.S. citizen or legal noncitizen (restrictions apply).

50 Southwest Cutoff
8:15 am to 4:45 pm
Phone: 877-382-2363 or 508-767-3100
<https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>

Massachusetts DTA is here to help. From this website you can apply for SNAP, TAFDC and EAEDC benefits.
www.dtaconnect.eohh.mass.gov

Women, Infants, and Children (WIC) Nutrition Program

A free nutrition program that provides healthy foods, nutrition education, breastfeeding support, referrals to healthcare, and other services to Massachusetts families who qualify.

Phone: 800-942-1007
www.mass.gov/how-to/apply-for-the-women-infants-children-wic-nutrition-program

