

NUTRITION EDUCATION PROGRAM



Food Access Resources in 01608

FARMERS' AND MOBILE MARKETS

Mobile Markets (seasonal) within 3 miles
Phone: 508-799-9139
www.recworchester.org/market-schedule

Plumley Village

34 Laurel Street
Wednesdays
2:30 to 3:30 pm

Unitarian Universal Church of Christ

90 Holden Street
Thursdays
11:30 am to 12:30 pm

Vida Nueva—REC Mobile Market

8–16 Piedmont Street, Worcester 01610
Phone: 508-799-9139, Seasonal. Call for dates of operation. Pre-ordered and pre-packaged HIP share on Wednesdays. Payment processed upon pickup. Customers can pay with SNAP or HIP.
www.recworchester.org/hiptogo

FOOD PANTRIES

Food pantries in zip code 01608 and within 2 miles. Please call for food pantry hours.

Carty Cupboard Food Pantry

114 Main Street
Phone: 508-799-4191

Centro Las Americas

11 Sycamore Street
Phone: 508-799-1900, ext. 23

Friendly House Pantry

16 Laurel Street
Phone: 508-755-3989

Salvation Army – Citadel Food Pantry

640 Main Street
Phone: 508-756-7191

Free Hot Meal Delivery for COVID-19 Positive Families

This program provides meals to families for up to one week who have at least one COVID-19 positive household member. Call the Family Resource Center at 508-796-1411 or email wfrc@youinc.org.

MEAL SITES

Salvation Army Citadel—Sally's Place

640 Main Street
Phone: 508-756-7191
Please call for meal service availability.

STATEWIDE RESOURCES

Project Bread

For additional information on nutrition resources, including SNAP, P-EBT, free meals for children and teenagers, and meal delivery for seniors, call the Food Source Hotline at 800-645-8333 or visit www.projectbread.org.

Healthy Incentive Program (HIP)

HIP provides SNAP participants extra money to spend at participating farmers' markets, farmstands, and Community Supported Agriculture programs (CSAs) to purchase fresh fruits and vegetables.

P-EBT Benefits

All children who are eligible for free or reduced-price meals also receive P-EBT benefits. Contact your local school districts about eligibility and meal sites. Call the DTA Assistance Line at 877-382-2363 or visit MAP-EBT.org.

Food Access Resources in 01608

SCHOOL MEALS

Grab & Go Meals – Breakfast and Lunch

All children and teens up to age 22 years enrolled in high school and/or English Language Learner Programs.

Worcester Public Schools (01608)

Monday–Thursday

3:00 to 6:00 pm

Friday

10:00 am to 1:00 pm includes weekend meals

Jacob Hiatt Magnet Elementary School

772 Main Street

Woodland / Claremont Academy

93 Woodland Street

SENIOR MEALS

Meals on Wheels

Contact Elder Services of Worcester Area's Information & Referral Department
Phone: 508-756-1545

SNAP

SNAP outreach partners assist with SNAP applications over the phone. Available to elders, families, and children in need.

Catholic Charities of the Diocese of Worcester, Inc.

10 Hammond Street
Monday–Friday
8:00 am to 5:00 pm
Phone: 508-798-0191

Pernet Family Health Services

237 Millbury Street
Monday–Friday
9:00 am - 5:00 pm
Phone: 508-755-1228

Worcester County Food Bank

Tuesday–Friday
8:00 am to 1:00 pm
Phone: 508-842-3663 ext. 221

WOMEN, INFANTS, AND CHILDREN (WIC)

Family Health Center of Worcester WIC

199 Chandler Street
Monday–Friday
8:30 am to 5:00 pm
1st Saturday of the month
9:00 am to 1:00 pm
Phone: 508-796-7000
Staff are taking calls remotely.

Statewide Resources



Supplemental Nutrition Assistance Program (SNAP)

Department of Transitional Assistance
The Department of Transitional Assistance (DTA) administers SNAP benefits. SNAP provides a monthly benefit to buy nutritious foods. To get SNAP, you must be of low-income and be a U.S. citizen or legal noncitizen (restrictions apply).

50 Southwest Cutoff

8:15 am to 4:45 pm

Phone: 877-382-2363 or 508-767-3100

<https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>

Massachusetts DTA is here to help. From this website you can apply for SNAP, TAFDC and EAEDC benefits.

www.dtaconnect.eohh.mass.gov

Women, Infants, and Children (WIC) Nutrition Program

A free nutrition program that provides healthy foods, nutrition education, breastfeeding support, referrals to healthcare, and other services to Massachusetts families who qualify.

Phone: 800-942-1007

www.mass.gov/how-to/apply-for-the-women-infants-children-wic-nutrition-program

