

NUTRITION EDUCATION PROGRAM



## Food Access Resources in 01607

### FARMERS' AND MOBILE MARKETS

#### Mobile Markets (seasonal)

Phone: 508-799-9139

[www.recworchester.org/market-schedule](http://www.recworchester.org/market-schedule)

#### Vida Nueva–REC Mobile Market

8–16 Piedmont Street, Worcester 01610

Phone: 508-799-9139, Seasonal. Call for dates of operation. Pre-ordered and pre-packaged HIP share on Wednesdays. Payment processed upon pickup. Customers can pay with SNAP or HIP.

[www.recworchester.org/hiptogo](http://www.recworchester.org/hiptogo)

### FOOD PANTRIES

Food pantries in zip code 01607 and within 2 miles. Please call for food pantry hours.

#### St. Anthony's Pantry

596 Cambridge Street

Phone: 508-753-2555

#### Pernet Family Health Services

237 Millbury Street

Phone: 508-755-1228

#### Quinsigamond Village Neighborhood Center

16 Greenwood Street

Phone: 508-755-7481

#### South Worcester Neighborhood Center

47 Camp Street

Phone: 508-753-4991

### Free Hot Meal Delivery for COVID-19 Positive Families

This program provides meals to families for up to one week who have at least one COVID-19 positive household member. Call the Family Resource Center at 508-796-1411 or email [wfrcc@youinc.org](mailto:wfrcc@youinc.org).

### SCHOOL MEALS

#### Grab & Go Meals–Breakfast and Lunch

All children and teens up to age 22 years enrolled in high school and/or English Language Learner Programs.

#### Worcester Public Schools (01607)

Monday–Thursday

3:00 to 6:00 pm

Friday

10:00 am to 1:00 pm includes weekend meals

#### Quinsigamond Elementary School

14 Blackstone River Road

#### Vernon Hill Elementary School

211 Providence Street

### STATEWIDE RESOURCES

#### Project Bread

For additional information on nutrition resources, including SNAP, P-EBT, free meals for children and teenagers, and meal delivery for seniors, call the Food Source Hotline at 800-645-8333 or visit [www.projectbread.org](http://www.projectbread.org).

#### Healthy Incentive Program (HIP)

HIP provides SNAP participants extra money to spend at participating farmers' markets, farmstands, and Community Supported Agriculture programs (CSAs) to purchase fresh fruits and vegetables.

#### P-EBT Benefits

All children who are eligible for free or reduced-price meals also receive P-EBT benefits. Contact your local school districts about eligibility and meal sites. Call the DTA Assistance Line at 877-382-2363 or visit [MAp-EBT.org](http://MAp-EBT.org).

# Food Access Resources in 01607

## Worcester Public Schools Food Truck

Monday–Friday  
Cabi-Miss Betty's Day Care  
347 Greenwood Street  
9:00 to 9:15 am

## Friendly House Grab & Go Meals (01607) Food Truck

Autumn Woods  
16 Upland Gardens  
12:00 to 12:30 pm

## Greenwood Park

14 Forsberg Street  
11:15 to 11:45am

## SENIOR MEALS

### Meals on Wheels

Contact Elder Services of Worcester Area's Information & Referral Department  
Phone: 508-756-1545

## SNAP

SNAP outreach partners assist with SNAP applications over the phone. Available to elders, families, and children in need.

## Catholic Charities of the Diocese of Worcester, Inc.

10 Hammond Street  
Monday–Friday  
8:00 am to 5:00 pm  
Phone: 508-798-0191

## Pernet Family Health Services

237 Millbury Street  
Monday–Friday  
9:00 am to 5:00 pm  
Phone: 508-755-1228

## Worcester County Food Bank

Tuesday–Friday  
8:00 am to 1:00 pm  
Phone: 508-842-3663 ext. 221

## WOMEN, INFANTS, AND CHILDREN (WIC)

### Family Health Center of Worcester WIC

199 Chandler Street  
Monday–Friday  
8:30 am to 5:00 pm  
1st Saturday of the month  
9:00 am to 1:00 pm  
Phone: 508-796-7000  
Staff are taking calls remotely.

## Statewide Resources



## Supplemental Nutrition Assistance Program (SNAP)

### Department of Transitional Assistance

The Department of Transitional Assistance (DTA) administers SNAP benefits. SNAP provides a monthly benefit to buy nutritious foods. To get SNAP, you must be of low-income and be a U.S. citizen or legal noncitizen (restrictions apply).

50 Southwest Cutoff

8:15 am to 4:45 pm

Phone: 877-382-2363 or 508-767-3100

<https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>

Massachusetts DTA is here to help. From this website you can apply for SNAP, TAFDC and EAEDC benefits.

[www.dtaconnect.eohh.mass.gov](http://www.dtaconnect.eohh.mass.gov)

## Women, Infants, and Children (WIC) Nutrition Program

A free nutrition program that provides healthy foods, nutrition education, breastfeeding support, referrals to healthcare, and other services to Massachusetts families who qualify.

Phone: 800-942-1007

[www.mass.gov/how-to/apply-for-the-women-infants-children-wic-nutrition-program](http://www.mass.gov/how-to/apply-for-the-women-infants-children-wic-nutrition-program)

