

NUTRITION EDUCATION PROGRAM



Food Access Resources in 01606

FARMERS' AND MOBILE MARKETS

Mobile Markets (seasonal)

Phone: 508-799-9139

www.recworchester.org/market-schedule

FOOD PANTRIES

Food pantries in zip code 01606 and within 1.5 miles. Please call for food pantry hours.

Loaves and Fishes Pantry

90 Holden Street

Phone: 508-853-1942

Free Hot Meal Delivery for COVID-19 Positive Families

This program provides meals to families for up to one week who have at least one COVID-19 positive household member.

Call the Family Resource Center at

Phone: 508-796-1411 or

email wfrc@youinc.org.

SCHOOL MEALS

Grab & Go Meals – Breakfast and Lunch

All children and teens up to age 22 years enrolled in high school and/or English Language Learner Programs.

Worcester Public Schools (01606)

Monday–Thursday

3:00 to 6:00 pm

Friday

10:00 am to 1:00 pm includes weekend meals

Burncoat Preparatory

526 Burncoat Street

Worcester Arts Magnet Elementary School

315 St. Nicholas Ave.

Friendly House Grab & Go Meals (01606) Food Truck

Stratton

161 West Mountain Street

Monday–Friday

12:30 to 1:00 pm

SENIOR MEALS

Meals on Wheels

Contact Elder Services of Worcester Area's

Information & Referral Department

Phone: 508-756-1545

STATEWIDE RESOURCES

Project Bread

For additional information on nutrition resources, including SNAP, P-EBT, free meals for children and teenagers, and meal delivery for seniors, call the Food Source Hotline at 800-645-8333 or visit www.projectbread.org.

Healthy Incentive Program (HIP)

HIP provides SNAP participants extra money to spend at participating farmers' markets, farmstands, and Community Supported Agriculture programs (CSAs) to purchase fresh fruits and vegetables.

P-EBT Benefits

All children who are eligible for free or reduced-price meals also receive P-EBT benefits. Contact your local school districts about eligibility and meal sites. Call the DTA Assistance Line at 877-382-2363 or visit MAP-EBT.org.

Food Access Resources in 01606

SNAP

SNAP outreach partners assist with SNAP applications over the phone. Available to elders, families, and children in need.

Catholic Charities of the Diocese of Worcester, Inc.

10 Hammond Street
Monday–Friday
8:00 am to 5:00 pm
Phone: 508-798-0191

Pernet Family Health Services

237 Millbury Street
Monday–Friday
9:00 am to 5:00 pm
Phone: 508-755-1228

Worcester County Food Bank

Tuesday–Friday
8:00 am to 1:00 pm
Phone: 508-842-3663 ext. 221

WOMEN, INFANTS, AND CHILDREN (WIC)

Family Health Center of Worcester WIC

199 Chandler Street
Monday–Friday
8:30 am to 5:00 pm
1st Saturday of the month
9:00 am to 1:00 pm
Phone: 508-796-7000
Staff are taking calls remotely.

Statewide Resources



Supplemental Nutrition Assistance Program (SNAP)

Department of Transitional Assistance
The Department of Transitional Assistance (DTA) administers SNAP benefits. SNAP provides a monthly benefit to buy nutritious foods. To get SNAP, you must be of low-income and be a U.S. citizen or legal noncitizen (restrictions apply).

50 Southwest Cutoff
8:15 am to 4:45 pm
Phone: 877-382-2363 or 508-767-3100
<https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>

Massachusetts DTA is here to help. From this website you can apply for SNAP, TAFDC and EAEDC benefits.
www.dtaconnect.eohh.mass.gov

Women, Infants, and Children (WIC) Nutrition Program

A free nutrition program that provides healthy foods, nutrition education, breastfeeding support, referrals to healthcare, and other services to Massachusetts families who qualify.

Phone: 800-942-1007
www.mass.gov/how-to/apply-for-the-women-infants-children-wic-nutrition-program

